



Bishopton Bugle



Headteacher: Mr. A. Smith
B.Ed (Hons), NPQH,
PGCertSEnCo

w/c: 13/10/25

Tel: (01789) 205058



Welcome to the newsletter of Bishopton Primary School

"Aim high, prepare to achieve"



Thank you key workers



How to keep in touch:

E: admin2603@welearn365.com

W: www.bishoptonprimary.co.uk



@bishoptonprim

What's on this week	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	BASH (7.50-8.50am)				
Activities during the school day	Y5 Swimming Rock Steady Year 6CJ BFG workshop	Forest School Y1EW Year 5 Group D to KES	Forest School Y1R	Forest School YR Butterflies	Y5 / 6 Homework
Lunchtime		Choir			Chess club (12.15pm Mrs. Jones; 1.00pm Mrs. Graver)
After school	BASH (3.15-5.30pm) Y4-6 Drama	Y1,2 Dance	Girls football	Y4-6 Football	Y1-3 Football

Our values this half term: **RESPECT** and **PRIDE**

WHAT HAS BEEN GOING ON IN YEAR 2M

2M are thoroughly enjoying their topic 'Moon Zoom'. We have been learning all about Neil Armstrong and his moon landing in 1969. The children have enjoyed looking at footage from the event and are currently writing a newspaper report outlining all the facts.



We will also be looking at the work that Tim Peake has done more recently in space. We will also be looking at the work that Tim Peake has done more recently in space.

The children have enjoyed reading the book

'The Man on the Moon'. They found some of the jobs that he does very funny and wrote some excellent diary entries as Bob 'The man on the moon'. In art the children have designed a rocket thinking about the different elements and shapes.



GOLD AWARD:

Well done to these children who have been awarded Gold Awards this week These are celebrated during our Friday morning 'Gold Award' Assembly: Reception Busy Bees: Poppy Reception Butterflies: Ivy; Year 1R: Cody Year 1EW: Florence; Year 2M: Aadya; Year 2P: Lucas ; Year 3C: Filip; Year 3A: Zoja; Year 4N: Arfan ; Year 4BH: Poppie; Year 5SB: Lesego; Year 5C: Kayden; Year 6G: Nisini ; Year 6CJ: Phoebe Keep up the great work everyone!



Year 2M (cont)

They are going to make these into 3D models out of clay. We will be finishing our topic off at the end of the half term with a space themed day. The children will be coming to school dressed up with a space theme and completing lots of exciting activities related to space. Keep an eye out for



MUSIC MARK SCHOOL





Bishopton Bugle



Headteacher: Mr. A. Smith
B.Ed (Hons), NPQH,
PGCertSEnCo

w/c: 13/10/25

Tel: (01789) 205058



Welcome to the newsletter of Bishopton Primary School

"Aim high, prepare to achieve"



Thank you key workers



How to keep in touch:

E: admin2603@welearn365.com

W: www.bishoptonprimary.co.uk



@bishoptonprim

Our values this half term: RESPECT and PRIDE

Important Dates:

INSET day Friday 24th October (school closed)

Parents Evenings - 11th & 12th November

'Wear purple' in memory of Mrs Righton - 19th November

Rock steady concert. - 8th December

Dealing with trauma and challenging events

When children and young people experience traumatic or difficult life events, their emotional world can be shaken, and the impact may show up in their behaviour, mood, or relationships. Whether it's bereavement, a family breakdown or witnessing something distressing, the support of trusted adults can be key in helping them feel safe again. The guide this week looks at how to create a nurturing environment to help young people process difficult feelings. It also shares clear, actionable strategies to promote recovery – from building emotional literacy and creating a predictable routine to recognising signs that further help may be needed. Sensitive language, patience, and presence all play a part in empowering children to move forward at their own pace. With the right support, they can rebuild a sense of security and resilience.

Bishopton Harvest Festival

This year, we are teaming up the the local food bank to help those in our community who are less fortunate than ourselves. We would like the children to bring to school a food item from the list.

Shopping list

- Tinned meat/fish
- Tinned fruit
- Pasta sauces
- Coffee
- Milk (UHT)
- Fruit juice (long-life)
- Tinned rice pudding
- Jam
- Instant mashed potato
- Tinned vegetables

These items, will provided much needed sustenance to local families. The school would like to invite you to join our harvest Celebrations at school.



Date	9.15am	2.30pm
Monday 20 th	Year 3	Year 1
Tuesday 21 st	Year 2	Reception
Wednesday	Year 4	
Thursday	Year 5	Year 6

Dear Parents,

'Hello Yellow!' It was absolutely wonderful to see all the children wearing yellow this morning and it certainly brought a smile to my face on a gloomy autumn day.

This week in school, we have been exploring themes connected to mental health in young people, which led me to think 'When was the last time I truly sat down with my son and talked about how he's feeling, both at home and at school?' And I was quite shocked; bar the everyday conversation about what he did at school and clubs, I haven't explored how he feels about life in general. In our busy lives, I think we forget to make those crucial connections and ask those probing questions. I have vowed to make time to reconnect from now on, to have these crucial conversations and hope you do too. I would like to wish you all a very pleasant weekend. Mrs Charman



"Share a book with your child and make their day"



MUSIC MARK SCHOOL





Bishopton Bugle



Headteacher: Mr. A. Smith
B.Ed (Hons), NPQH,
PGCertSENCo

w/c: 13/10/25

Tel: (01789) 205058



Welcome to the newsletter of Bishopton Primary School

"Aim high, prepare to achieve"



Thank you key workers



FOBS
Friends of Bishopton School

Logo Competition

Children are invited to design a new logo to help with the relaunch of FOBS.

The logo outline to use is below. Either print this page off or draw your design on a blank piece of paper.

★ Winner will receive a voucher for Stratford Leisure Centre

CLOSING DATE FRIDAY 17TH OCTOBER. POP THE FINISHED DESIGN INTO THE FOBS BOX, LOCATED IN THE SCHOOL OFFICE.

Name: _____
Class: _____

Scan to join FOBS Facebook page

Friends of Bishopton School

It's Competition Time!

With the relaunch of FOBS, we would like pupils to design us a logo that will be used on all our marketing and correspondence.

For our FOBS charity to be associated with the School we have chosen to use the School badge for the outline. The pupils design needs to fit in the outline of the School badge. We have provided the outline on the flyer attached to the newsletter. You can either print off the flyer or draw the outline of the badge on plain paper and then draw your design inside.

📦 A FOBS box is located in the School Office for finished designs to be placed in.

📅 Closing date Friday 17th October.

*Remember to add child's name and class.

🏆 The Lucky winner will receive a Stratford Leisure Centre voucher.

GOGO MAKERS
INSPIRING YOUNG MINDS TO THINK BIG!

CAMP WICKED

OCTOBER HALF TERM

FINHAM PARK SECONDARY FINHAM
PRIORS FIELD PRIMARY
EMSCOTE INFANT WARWICK
HEATHCOTE PRIMARY WARWICK GATES

OFSTED APPROVED
MULTI-ACTIVITY
HOLIDAY CAMPS

NEW GOGO XTRA!
NORTH LEAMINGTON SCHOOL LEAMINGTON SPA

27TH-31ST OCTOBER

GO GO MINI's RECEPTION CHILDREN ONLY 4-5 YEARS	JNR's 5-7 YEARS (YEAR GROUP 1-2)	SNR's 8-12 YEARS (YEAR GROUP 3-7)
---	---	--

ACTIVITIES INCLUDE: ARTS | SPORTS | DANCE | STEM | GAMES

GOGO XTRA! OUR NEW CAMP EXCLUSIVE TO NORTH LEAMINGTON SCHOOL
7-12 YRS (YR GROUP 3-7)
COPING | TENNIS | PARKOUR | BADMINTON | DANCE | FOOTBALL

SAVE 10% EARLY BIRD DEAL
Available until Sunday 5th October
SIBLING DISCOUNT
Can not be used in conjunction

WE ACCEPT TAX FREE CHILDCARE VOUCHERS
PAYMENT INSTALMENTS AVAILABLE

FROM £34.50
FOR A STANDARD DAYS CARE FROM 9AM - 3.30PM
EARLY 8AM DROP OFF AND LATE 5.30PM PICK UP AVAILABLE WITH A SURPLUS FEE

TO BOOK VISIT:
www.gogomakers.co.uk
E: hello@gogomakers.co.uk | T: 01926 350024

RATED 5 STARS ON GOOGLE





Bishopton Bugle



Headteacher: Mr. A. Smith
B.Ed (Hons), NPQH,
PGCertSENCo

w/c: 13/10/25

Tel: (01789) 205058



Welcome to the newsletter of Bishopton Primary School

"Aim high, prepare to achieve"



Thank you key workers



10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUpWednesday

The National College





Bishopton Bugle



Headteacher: Mr. A. Smith
B.Ed (Hons), NPQH,
PGCertSEnCo

w/c: 13/10/25

Tel: (01789) 205058



Welcome to the newsletter of Bishopton Primary School

"Aim high, prepare to achieve"



Thank you key workers



Onside

Coaching

Monday **27th** to
Friday **31st October**

Active Kids & Football

Fun, flexible childcare!

Half Term doesn't
have to be hard work.

At **Aylesford School** and
Thomas Jolyffe Primary

COURSE TIMES 9.30am to 3.30pm

Early Drop off and Late Pick up available +£3.50 each

£20
per day

5 days for **£84**

WE ACCEPT CHILDCARE VOUCHERS & TAX-FREE CHILDCARE

To book now visit onsidecoaching.co.uk

