

# The Jigsaw way at Bishopton.



At Bishopton we use 'The Jigsaw Scheme' to teach all the statutory PSHE and RSE topics. Each term we teach a different 'Jigsaw piece' throughout the school. By having this whole school approach, we ensure consistency and progression of knowledge, skills and understanding across all phases.

Jigsaw is sequential. The six puzzles start with 'Being Me in My World' at the beginning of the school year and working through to the end of the year:

1. **Being me in My World** - 'Who am I and how do I fit?'
2. **Celebrating Differences** - Respect for similarity and difference. Anti-bullying and being unique
3. **Dreams and Goals** - Aspirations, how to achieve goals and understanding the emotions that go with this
4. **Healthy Me** - Being and keeping safe and healthy
5. **Relationships** - Building positive, healthy relationships
6. **Changing Me** - Coping positively with change

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## What are the Jigsaw themes?

| Term      | Puzzle (Unit)          | Pupil Outcomes                                                                                                                                           |
|-----------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Autumn 1: | Being Me in My World   | Understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.                                  |
| Autumn 2: | Celebrating Difference | Understanding anti-bullying including: cyber and homophobic bullying.                                                                                    |
| Spring 1: | Dreams and Goals       | Understand how to set goals and explores aspirations, 'Who do I want to become and what would I like to do for work and to contribute to society.'       |
| Spring 2: | Healthy Me             | Teaches drugs and alcohol education. How to develop self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise |
| Summer 1: | Relationships          | Understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss                             |
| Summer 2: | Changing Me            | Teaches relationship and Sex Education in the context of coping positively with change                                                                   |

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What does a Jigsaw lesson look like?

All lessons follow the same structure:

## 1 Share the 'Jigsaw Charter'

The Jigsaw Charter is a set of behaviour expectations the children have agreed and signed up to with relation to conduct both in and out of the PSHE lesson.

## 2. 'Connect us' game

By playing games or sharing our thoughts, children are drawn together as a class community.

## 3. 'Calm me'

Children, by use of a chime bar, are taught how to calm their minds through breathing and visualisation, so they are then ready to start the learning journey.

## 4. 'Open your Mind'

Children are introduced to the topic to be learnt and they explore their ideas through discussions with their peers.

## 5. 'Tell me / Show me'

Children are exposed to the learning and through teacher guidance, pupils explore further the learning intention.

## 6. 'Let me Learn'

Children are given time to apply what they have learnt through a wide variety of tasks.

## 7. 'Help me reflect'

This is where the learning is brought together and linked to the children's experiences and future life skills.