

Physical Education at Bishopton

In all phases of our school, the teaching of Physical Education is based around these four key aspects of learning:

1. Acquiring and developing skills.
2. Selecting and applying skills.
3. Evaluating and improving performance.
4. Knowledge and understanding of fitness and health.

We teach these four aspects through:

- Games (Invasion, net/wall and striking and fielding);
- Gymnastics;
- Dance;
- Swimming;
- Athletics;
- Outdoor and adventurous activities;
- Structured play (lunchtimes);

In reception, Key Stage 1 and Key Stage 2 children will have the opportunity to learn actively in Physical Education through both indoor and outdoor lessons, predominantly based on the school site.

As children progress through the school there will be a number of different activities which they will have the opportunity to participate in outside of the school day.

To teach Physical Education at Bishopton we use the skills of a variety of adults, from class teachers to teaching assistants to outside coaches. Our intention is to give children the best chance to develop their individual skills in Physical Education during their seven years in our school.