



INTENT:

At Bishopton Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills.

These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities
- Build self-esteem, confidence and resilience
- Provide all pupils with access to the lesson

IMPLEMENTATION:

At Bishopton Primary School children are given a wealth of opportunities to develop their physical movement skills as well as achieving whole child objectives. PE at Bishopton provides challenging and enjoyable learning through a range of activities including: invasion games, net and wall games, strike and field games, gymnastics, dance, swimming and outdoor and adventurous activities. The long term plan sets out the PE units which are taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

In reception children build upon the foundations of movement taught in nursery through accessing the Physical Development strand of the EYFS curriculum. Reception children continue to develop these skills through formal PE sessions as well as during their continuous provision.

In KS1 and KS2 children access the National Curriculum for PE through a sequential approach to planning and delivery. All children have timetabled access to high quality PE provision throughout the week and additional extra-curricular opportunities. Children in Years 4-6 swim for one term each over the course of the academic year. We offer outdoor and adventurous residential visits in Year 5 and Year 6.

In a PE session you will see:

- Consistency in routines including warm up and skill development
- Collaboration and opportunity for partner discussion
- Opportunities for children to work independently and together
- Opportunity for children to perform and gain feedback
- Subject specific vocabulary that builds on previous learning / year groups
- Progression in equipment used with year groups

Children are invited to participate in competitive sporting fixtures within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These fixtures also develop teamwork and leadership skills and are very much enjoyed by the children.

IMPACT:

Our curriculum is designed so that children are taught a variety of activities throughout their key stage(s) and there is a progression journey through all of these. Each area of PE also has a progression ladder which shows progression from EYFS to Year 6. Children also deepen their understanding of PE, year on year, by being introduced to specific vocabulary.

Children have the opportunity to participate in extra-curricular activities and demonstrate their skills in intra and inter school sports fixtures. All children also have the opportunity in the summer term to take part in a house sports' day.

Children will become confident within the different strands of PE and show resilience when tackling new skills.

The management of the PE (sports) Grant will be robust and carefully accounted for. It will be used to enhance PE and sport across the school for the whole community.