

Bishopton Primary School



PE Policy

Prepared by:	Andrew Smith
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At Bishopton Primary School we give pupils the opportunities to experience a range of activities within Physical Education and school sport in a safe and supportive environment. These opportunities will enable children to feel confident and secure about their bodies, become physically active, be competent at a variety of sports and adopt positive attitudes towards physical activity and good health. A balance of individual, team, co-operative and competitive activities will cater for all children's needs and abilities. This will all play a part in developing children's physical and emotional development.

Aims:

Our aims and objectives in the teaching of PE align with the National Curriculum in that we will work to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities;
- Are physically active for sustained periods of time;
- Engage in competitive sports and activities;
- Lead healthy, active lives;
- Promote a healthy and active lifestyle;
- Encourage physical activity and exercise;
- Develop competence to excel in a broad range of physical activities;
- Build self-esteem, confidence and resilience;
- Have access to all PE sessions

We will achieve our aims by providing high quality Physical Education teaching every week. We will also provide a wide variety of out of school hours learning opportunities and community links.

Role of the Physical Education manager:

The role of the Physical Education manager involves:

- Reviewing Physical Education as a subject so that strengths and weaknesses are identified and addressed;
- Monitoring and evaluating the expenditure associated with the SPG (Sports Premium Grant)
- Supporting colleagues in all aspects of the Physical Education curriculum;
- Monitoring the maintenance and replacement of equipment;
- Ensuring Physical Education working areas are safe for lessons;
- Assisting with assessment of the subject;
- Monitoring the teaching of the subject in Physical Education lessons;
- Attending meetings and courses to inform future development of the subject;
- Providing opportunities for colleagues to develop their skills and confidence within the subject;
- To ensure that pupils have the opportunity to become involved in extracurricular clubs;
- To monitor the delivery of the subject, including planning, across both key stages to ensure high standards are being achieved.



Physical Education Curriculum:

The Physical Education curriculum has been developed to cover all areas of activity outlined as statutory in the Physical Education National Curriculum. The curriculum in this subject has been organised to ensure that children in both key stages have access to a range of sports and understand the importance of a healthy active lifestyle.

The teaching of Physical Education is based around the three key aspects identified in the OfSTED report 'A level playing field – all pupils entitled to high-quality PE' (2022):

1. Motor competence (knowledge of the range of movements that become increasingly – and physical activity – specific).
2. Rules, strategies and tactics (knowledge of the conventions of participation in different sports and physical activities).
3. Healthy participation (knowledge of safe and effective participation)

We teach the four aspects through:

- Games (Invasion, net/wall and striking and fielding);
- Gymnastics;
- Dance;
- Swimming;
- Athletics;
- Outdoor and adventurous activities;
- Structured play (lunchtimes);

Assessment:

Children are assessed at the beginning and end of a unit within Physical Education by using a core task. This will allow children's achievement and progress within a unit to be shown. Staff will be expected to be able to contribute actively to discussions about children's abilities in PE whenever necessary.

It is important that children are given the opportunities to recognise what they are good at and how they can improve. Children are encouraged to assess themselves in Physical Education lessons looking at their own performance and evaluating it.

Inclusion:

As stated in the National Curriculum, children with special educational needs will be included in Physical Education lessons. If adaptation is required, the class teacher will do this in consultation with the Physical Education manager and Inclusion Manager (if applicable).

Facilities:

The facilities available for the teaching of Physical Education at Bishopton Primary School include:

- Indoor hall;
- One hard court playground;
- Grassed playing field.

Every child from Years 4-6 swims at Stratford Leisure Centre for the minimum of a term each year.

Outdoor Physical Education equipment can be found in the Physical Education storage facility on the playground.



Health and Safety

The BAALPE (British Association of Advisers and Lecturers in Physical Education) publication 'Safe Practice in PE' is available to all staff. It should be noted that, in the event of an emergency, phones are within a short distance of all PE lesson locations and First aid boxes are available.

Facilities:

Teachers should ensure that the area they are using for Physical Education is clear so that children can move freely. Children must be made aware of potential hazards i.e. piano and pillar in hall.

Equipment:

Equipment must be checked by the teacher taking the lesson and any faulty equipment must be removed from the storage area and reported to the Physical Education coordinator.

Personal Safety and Hygiene:

Children should wear recommended school PE kit that is appropriate for the Physical Education lesson they are participating in. Jewellery and watches are to be removed before the start of the Physical Education lesson. Earrings are not to be worn in Physical Education lessons and children must remove and put them back in themselves. If they have recently been pierced they need to be taped for six weeks. Long hair must be tied back appropriately. Inhalers and other medical equipment should be easily accessible and must be taken to offsite locations.

Warm Ups and Cool Downs:

Warm ups and cool downs should be included in all Physical Education lessons. Children should be encouraged to explain the importance of warm ups and cool downs and why we need to keep fit and lead a healthy lifestyle.

Out of School Hours Learning:

Lunchtimes:

Lunchtime supervisors will help to set up structured activities and small games for all children to participate in.

After School Clubs:

All children will be encouraged to participate in after school clubs. A variety of clubs will be available each term for different year groups. Children are encouraged to give feedback on clubs and suggest new ideas for different clubs. Some groups may be targeted for specific clubs or festivals throughout the year.

After School clubs will be led by teachers or qualified sports coaches. They will all be suitably qualified to the sport they are leading and will be DBS checked. For further information about after school activities, please refer to our Extra-Curricular Policy.

Signed: *Andrew Smith*

Date: October 2022

