

Science and PSHE Medium Term Planning Year 6 Spring 2022

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Science	To explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object.	To explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object.	To identify and explain the effects of air resistance.	To identify and explain the effects of water resistance.	To recognise that levers and pulleys allow a smaller force to have a greater effect.	To recognise that gears allow a smaller force to have a greater effect.
PSHE	I can take responsibility for my health and make choices that benefit my health and well-being. I am motivated to care for my physical and emotional health.	I know about different types of drugs and their uses and their effects on the body particularly the liver and heart. I am motivated to find ways to be happy and cope with life's situations without using drugs.	I understand that some people can be exploited and made to do things that are against the law. I can suggest ways that someone who is being exploited can help themselves.	I know why some people join gangs and the risks this involves. I can suggest strategies someone could use to avoid being pressurised.	I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness. I know how to help myself feel emotionally healthy and can recognise when I need help with this.	I can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse. I can use different strategies to manage stress and pressure.