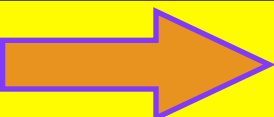


# Eating and Digestion

## Learning Objective:

To identify the different types of teeth in humans and identify their functions.





**Feel your teeth  
with your tongue.**

**What do they feel  
like?**

**Do all your teeth  
feel the same?**

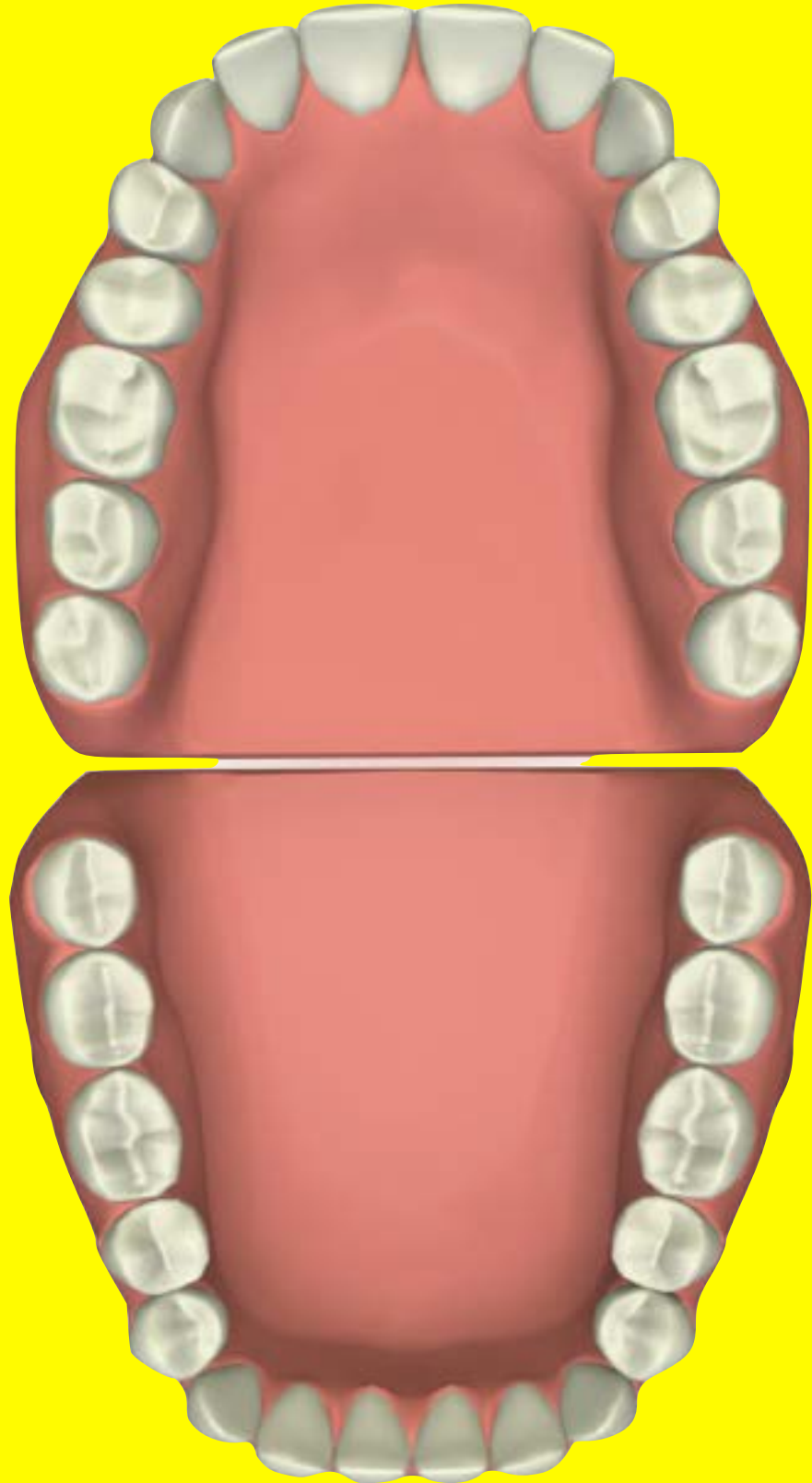
**Why do  
we have  
teeth?**



**We have teeth to help us eat. Teeth help us to cut and chew food to break it down so we can swallow it easily and start digesting it. Without teeth, all your food would have to be very mushy for you to be able to eat it! That is why baby food is soft - babies do not have teeth to chew their food so it has to be mushy.**



# Have a careful look at these teeth.



Do all  
teeth look the  
same?

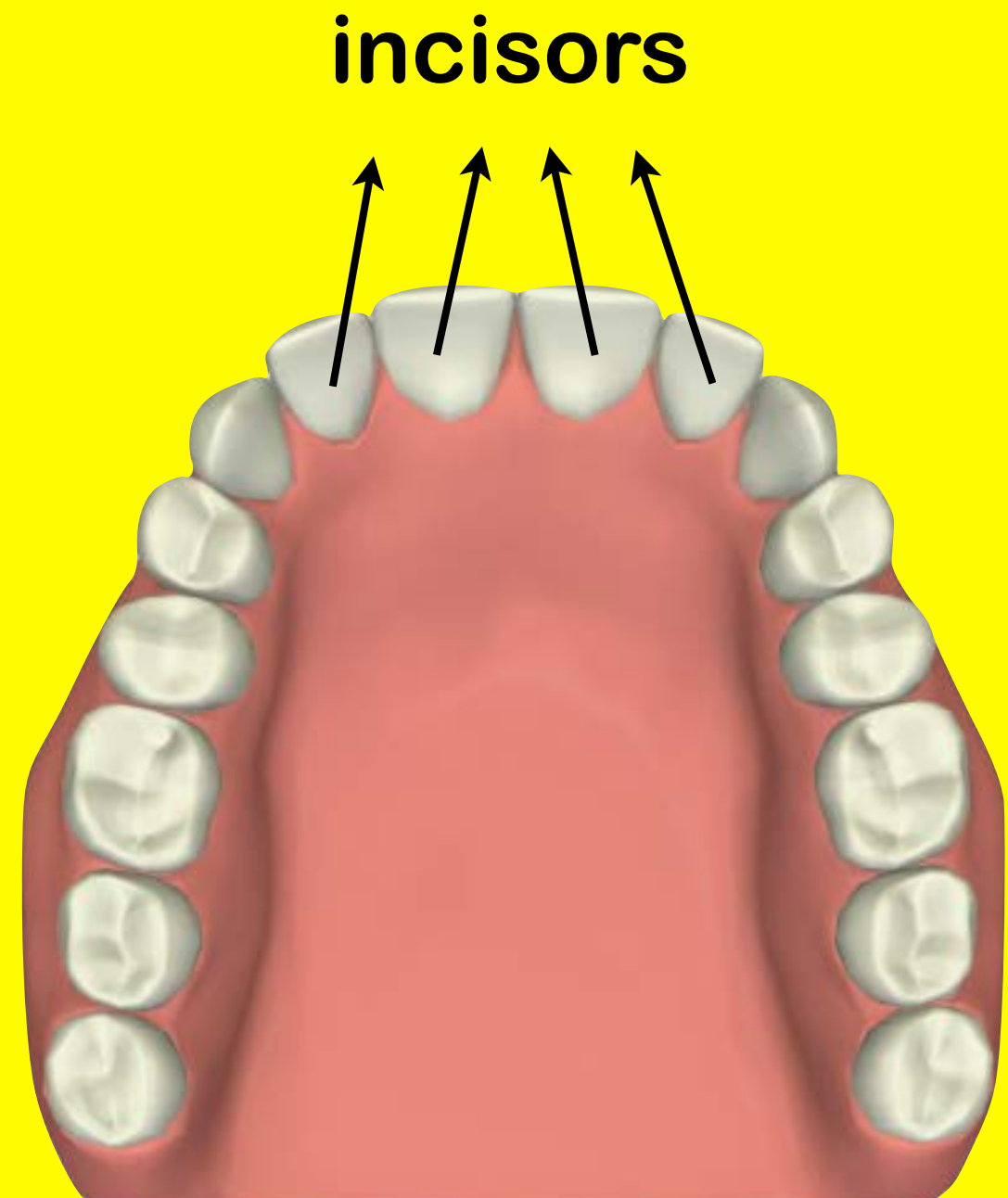
What are the  
differences  
between the  
different types  
of teeth?

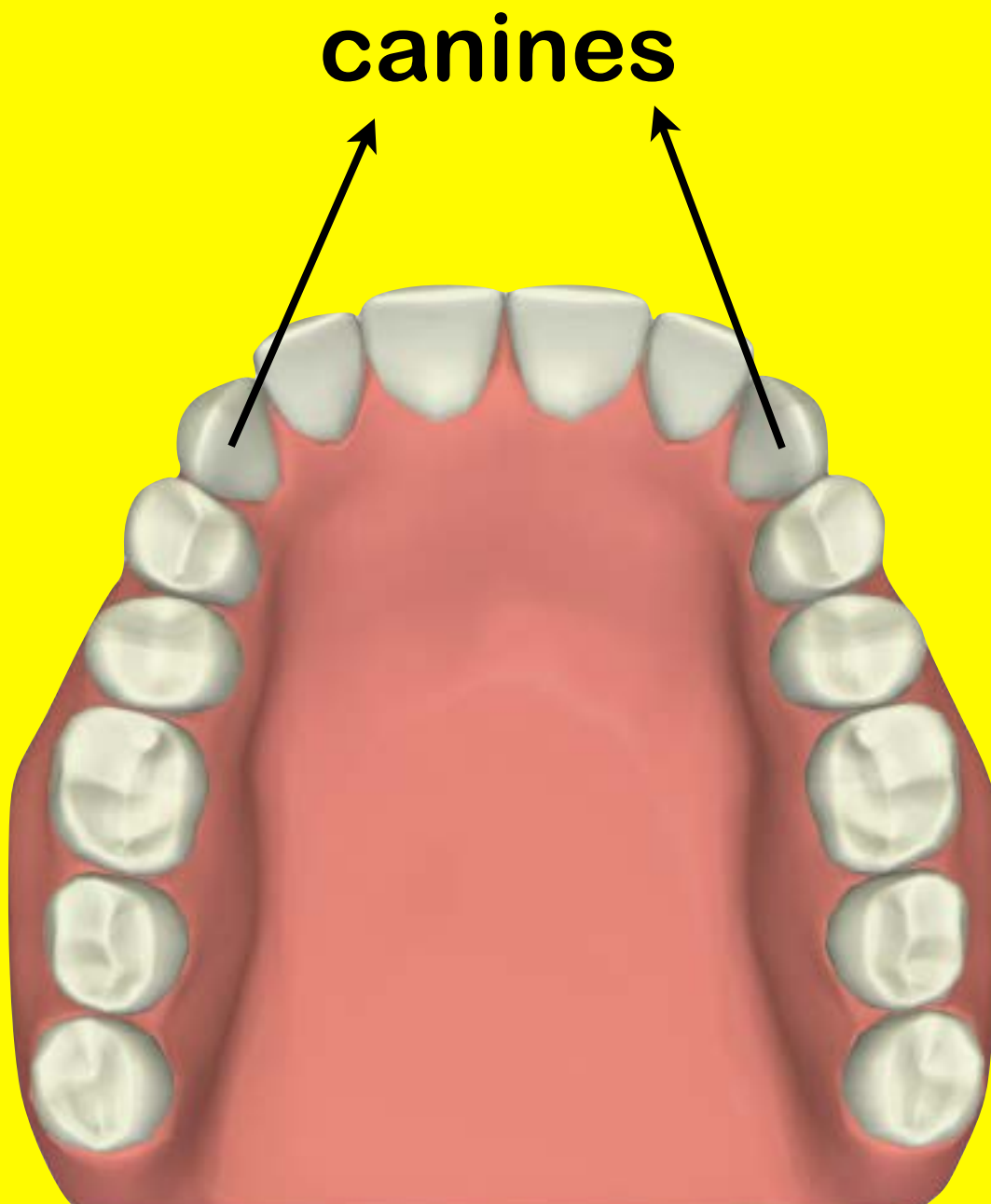


The teeth at the front of your mouth are called **INCISORS**.

Incisors are used for biting and cutting food.

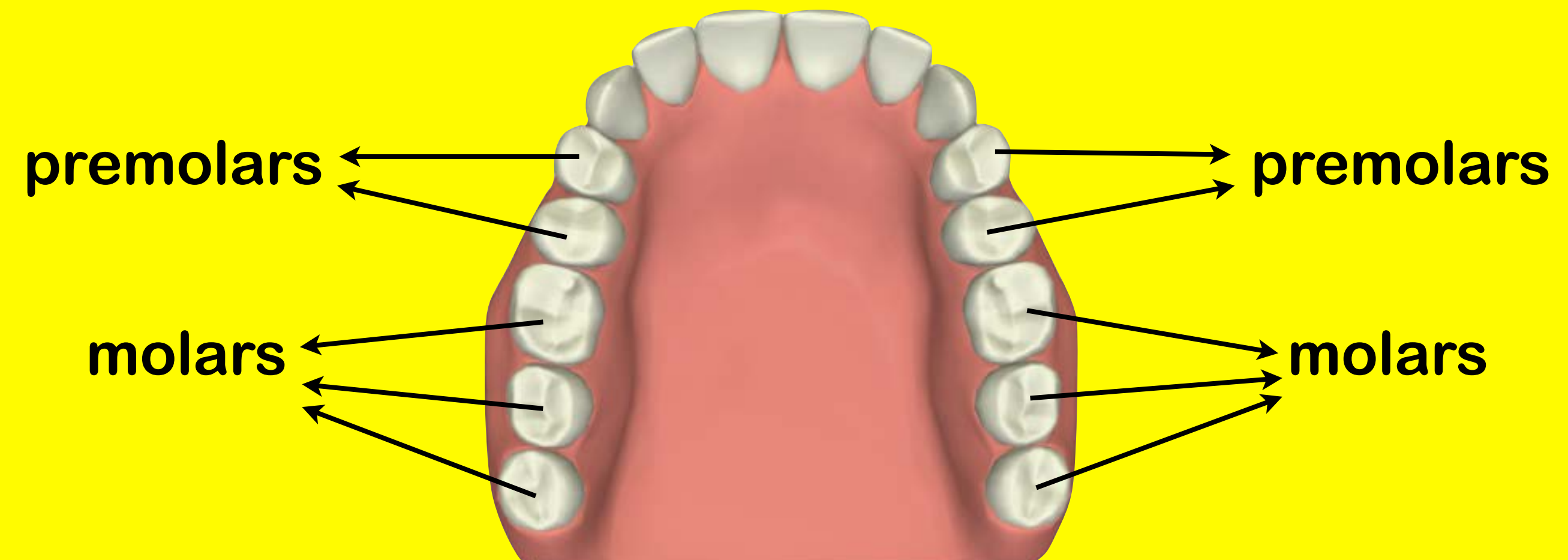
Incisors are flat and have smooth edges.





Next to your  
incisors are the  
**CANINES**. Canine  
teeth are  
sometimes known  
as eye teeth.  
Canines are used  
for tearing and  
ripping food.  
Canines are pointy  
and sharp.

The teeth at the back of your mouth are called **MOLARS**. In adult mouths, the two teeth next to the canines are called premolars and the three teeth at the back of the mouth are molars. Children do not have premolars. Molars are bigger than the other teeth and have a flat surface for chewing and grinding food.



**Teeth have roots that hold the teeth in place in the gums. If you feel your gums, you can feel the root of your teeth. It is important to care for your gums as well as your teeth so that your whole mouth stays healthy.**

**This picture shows how teeth are set in the gums and shows what your mouth would look like if your gums were clear.**



Can you identify these teeth? Are they incisors, canines or molars?



This big tooth  
is called  
a \_\_\_\_\_.



This flat tooth  
is called  
an \_\_\_\_\_.



This pointy  
tooth is called  
a \_\_\_\_\_.



Can you remember what each of these teeth is  
used for?

## Molar



**Molars are  
used for  
chewing and  
grinding food.**

## Incisor



**Incisors are  
used for  
biting and  
cutting food.**

## Canine



**Canines are  
used for  
tearing and  
ripping food.**

**Did you get those right?**

